Wadi Shagg Meditation and Yoga Trip in Sinai

Price Starting From : $0

2 Days
Egypt
Sinai

The Wadi Shagg Meditation and Yoga Tour in Sinai offers a chance to unwind while exploring the stunning Wadis. Book now and travel from Cairo or Giza to practice yoga at some of Sinai's most serene locations. During this tour, you'll experience the tranquillity of Wadi Shagg, an ideal spot for meditation and yoga. Sinai, known for its peaceful isolation and calm, is home to a series of mountains where yoga and meditation have long been practiced.

Explore more unique activities in Egypt or combine your Sinai adventure with recreational tours, such as day trips in Sharm El Sheikh or excursions in Dahab, to make the most of your journey.

Overview
Inclusion

- Meet and assistance from our representatives in Cairo or Giza.
- Transportation in a private, air-conditioned vehicle.
- 1 night's accommodation in a Bedouin camp in Sinai on a half-board basis.
- Admission fees included for the Wadi Shagg Meditation and Yoga Tour.
- Privacy for uninterrupted yoga and meditation practice.
- All taxes and service charges included in your Egypt unusual tours.
- Shopping tours in Cairo.

Exclusion

- International airfare.
- Tipping is not included in the price of our Egypt day tours.
- Tour prices are applicable during Christmas and Easter travel in Egypt.

Itinerary

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Meet your private tour guide at your hotel in Cairo or Giza to begin your Wadi Shagg meditation and yoga tour. You'll travel to Sinai in a private vehicle, driving for about 5 hours along the Cairo-Sharm El Sheikh desert road. Upon arrival at the Bedouin camp, you'll proceed to Wadi Shagg, a perfect spot for meditation. This high, steep gorge connects mountainous valleys with the more moderate Wadi Itlah.

The area includes part of Gebel Abbas Basha and features granite pools at the summit, with one large enough for swimming. Enjoy uninterrupted yoga and meditation time before returning to the camp for a dinner by the campfire. After spending the night, you’ll head back to Cairo the next day, concluding your Egypt yoga tour.