

# 2 Days Meditation Trip to Farsh Rolf and Jebel Safsaf in Sinai

**Price Starting From : \$0**

2 Days  
Egypt  
Sinai

The Farsh Rolf and Jebel Safsafa tour in Sinai offers a unique opportunity to experience yoga and meditation amidst the vast Sinai mountains. Immerse yourself in the region's natural beauty as you explore secluded basins and ancient Orthodox chapels in the surrounding valleys. Once a refuge for monks and hermits who practiced early monasticism and Christianity in Egypt, this exceptional tour is ideal for finding inner peace during our specially selected meditation tours in Egypt.

## [Overview](#)

### Inclusion

- Meet and assistance from our representatives in Cairo or Giza.
- Transportation in a private, air-conditioned vehicle.
- 1 night's accommodation in a Bedouin camp in Sinai on a half-board basis.
- Admission fees included for the Farsh Rolf and Jebel Safsafa meditation tour in Sinai.
- Privacy for uninterrupted yoga and meditation practice during your tour.
- All taxes and service charges included in your Egypt unusual tours.
- Shopping tours in Cairo.

### Exclusion

- International airfare.
- Tipping is not included in the price of our Egypt day tours.
- Tour prices are applicable during Christmas and Easter travel in Egypt.

## [Itinerary](#)

### **Farsh Rolf and Jebel Safsafa Meditation Tour in Sinai,**

Meet your private tour guide at your hotel in Cairo or Giza to begin the Farsh Rolf and Jebel Safsafa meditation tour. You'll travel to Sinai in a private vehicle, driving along the Cairo-Sharm El Sheikh desert road for about 5 hours. Upon arrival at the Bedouin camp, you'll proceed to Farsh Rolf, an ideal location for meditation, featuring secluded basins, ancient Orthodox chapels, and scenic views of the surrounding valley. This area, once a refuge for monks and hermits practicing early monasticism and Christianity in Egypt, offers a serene environment for your yoga and meditation practice.

You'll have ample time to practice yoga and meditation without interruption before returning to the camp for a dinner by the campfire. Spend the night at the camp and begin your journey back to Cairo the following day after completing your yoga tour in Egypt.