

Meditation Trip to Bustan el Birka in Sinai

Price Starting From : \$0

2 Days

Egypt

Sinai

Experience joy and inner peace on the Bustan el Birka Meditation Tour in Sinai. Engage in meditation and yoga amidst stunning natural surroundings, with breathtaking views that will leave you feeling fulfilled. Don't miss this unique opportunity—book your spot now! Enjoy top-tier meditation sessions in some of Sinai's most enchanting locations, where you'll find complete privacy and tranquility, surrounded by lush greenery and majestic mountain vistas. Our meditation tours in Egypt offer carefully chosen locations for yoga and meditation at unbeatable prices.

[Overview](#)

Inclusion

- Greeted and assisted by our local representatives in Cairo or Giza.
- All transport provided via private, air-conditioned vehicles.
- One night's accommodation in a Bedouin camp in Sinai, including half-board meals.
- Admission fees covered for your Bustan el Birka meditation tour in Sinai.
- Full privacy for practicing yoga and meditation, free from guide interruptions.
- All taxes and service charges are included in your unique Egyptian activities.
- Exclusive shopping tours in Cairo.

Exclusion

- International airfare is not included.
- Tipping is not part of the price for our Egypt day tours.
- Tour prices apply during Christmas and Easter travel in Egypt.

[Itinerary](#)

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Meet your private tour guide at your hotel in Cairo or Giza to begin the Bustan el Birka meditation tour. We'll travel along the Cairo-Sharm desert road for approximately 5 hours. Upon arriving in Sinai, you'll check into a Bedouin camp for some rest before heading to Bustan el Birka, a secluded spot ideal for practicing yoga and meditation.

Bustan el Birka, part of a larger area with Wadi Freah and Wadi Abu Zaituna, is a vast basin surrounded by distant landscapes. The region is rich in Byzantine ruins and can be easily accessed through the villages of Abu Seila or Abu Zaituna.

Return to the camp for dinner and an overnight stay, followed by a transfer back to Cairo the next morning after completing your yoga retreat in Sinai.